

SENIOR FACT SHEET

Please complete this form and return it to the Counseling Office. This form will help your counselor and teachers to write recommendations for you for college applications, scholarships, employment, or other opportunities. Please feel free to attach any additional materials.

Name _____ Date _____
(name as it will appear on applications)

Address _____ email _____

Parents _____ (parent) _____ (parent)

Career and college major choices you are considering: _____

Colleges to which you expect to apply:

_____	_____
_____	_____
_____	_____

Resume

Extra & Co-curricular activities: (In the space provided or a separate sheet please provide an organized list of any clubs, organizations, and athletic teams in which you participated both in and outside of school. In addition to years of participation, please identify leadership positions held or other relevant information which will help to define your involvement in that organization.)

Activity	Position/Dates
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

Work/Volunteer Experience: (Please include date of employment, type of work, and approximate hours per week)

Place of Employment	Position/Dates
_____	_____
_____	_____
_____	_____

Academic Honors, Awards, and or Achievements: (Please include those earned both inside and outside of school. Include summer programs if not listed elsewhere.)

_____	_____
_____	_____
_____	_____
_____	_____

Personal Data

College recommendations will also ask for a summary about a student's character and sense of a student's promise for personal and intellectual growth. Conveying your personal qualities is not an easy task. Therefore, I would appreciate an honest estimation of yourself, what you have done and what you have left to do.

Don't limit your discussion to what you have done in school. Include experiences drawn from any part of your life.

1. Describe yourself in 5 adjectives.

1.) _____ 2.) _____ 3.) _____

4.) _____ 5.) _____

2. What are your special interests and abilities, both academic and recreational? (Identify at least the top 3.)



3. Has any summer experience, job, or study been of significant importance to you? Please explain.

4. What circumstances, if any, have interfered with your academic performance?

5. List 2 or 3 academic and or personal goals you have set for yourself.



6. Is there any other information you would like to share with me so that I can make an accurate appraisal of you to colleges?